

# Ask Dr. Mao



Ask Dr. Mao is a 60-second daily feature and natural health educational program with renowned longevity and integrative medicine expert, and best selling author Dr. Maoshing Ni (Dr. Mao). This series/program will be covering a broad range of health issues and lifestyle advice with his “East meets West” perspective. Ask Dr. Mao is an original and unique offering of radio programming that provides listeners with daily, practical natural health and healing advice and information.

Dr. Mao is a 38th generation Chinese doctor who is known in Hollywood as the “Acupuncturist for the Stars”, having treated stars who have publicly endorsed him such as Sheryl Crow, Helen Hunt, and Jim Carey. Dr. Mao is the author of best selling “Secret of Longevity” (Chronicle Books) and soon to be published “Secrets of Self Healing” (Avery/ Penguin / December 2007). He is the resident longevity expert on Yahoo Health, and maintains one of the most active health blogs on Yahoo, generating millions of visitors per month. Dr Mao has also studied centenarians for 20 years in China. His health tips are effective, natural, and respected nationally and internationally.

Ask Dr. Mao will deliver practical advice and information that is in strong demand across all sectors of the market, with especially strong appeal to women and men over thirty.

